Your 100km in 30 days tracker

Marie Keating FOUNDATION

100 KM IN 30 DAYS

Starting June 1st!

1 ☐ KM: ___	2 ☐ KM: ___	3 ☐ KM: ___	4 ☐ KM: ___	5 ☐ KM: ___	6 ☐ KM: ___	7 ☐ KM: ___	8 ☐ KM: ___	9 ☐ KM: ___	10 ☐ KM: ___
11 ☐ KM: ___	12 ☐ KM: ___	13 ☐ KM: ___	14 ☐ KM: ___	15 ☐ KM: ___	16 ☐ KM: ___	17 ☐ KM: ___	18 ☐ KM: ___	19 ☐ KM: ___	20 ☐ KM: ___
21 ☐ KM: ___	22 ☐ KM: ___	23 ☐ KM: ___	24 ☐ KM: ___	25 ☐ KM: ___	26 ☐ KM: ___	27 ☐ KM: ___	28 ☐ KM: ___	29 ☐ KM: ___	30 ☐ KM: ___

Your building momentum!

Half way there! keep it up!

You did it! Amazing achievement

You've got this!

Every step you take helps save lives.

Share you're journey and inspire others!

#100kin30days #Everystep